

10 FOOTBALL / Wednesday Programme



Fun Game



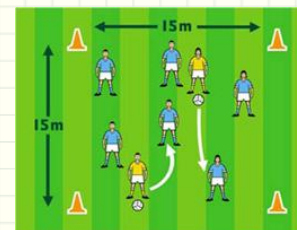
Modified Game

VHI GAA Cúl Camps
10
Football

Wednesday PM

UNDER 10 FOOTBALL
SESSION 3 PART 1

F 10: FIST PASS : Pg 85 FFD

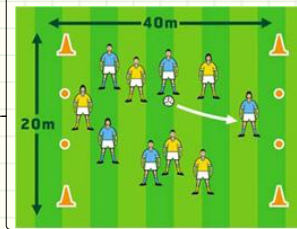


Fun Game

Play the Game

Dodge Ball

2 Player's score hits by striking the other players using the Fist Pass

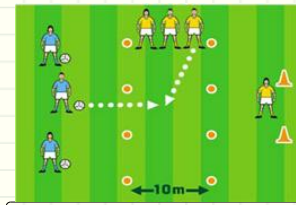


Modified Game

Play the Game

Goals Galore

Players can only use the Fist Pass to pass the ball and score



Fun Game

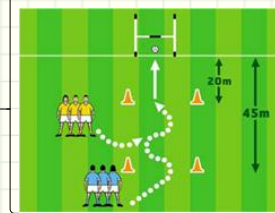
Play the Game

Charge Zone

Defenders and attackers enter the grid where defenders use the Side to Side charge on the attacker.

UNDER 10 FOOTBALL
SESSION 3 PART 2

F 10: SIDE TO SIDE
CHARGE : Pg 91 FFD



Modified Game

Play the Game

One on One

Attacker attempts to get past the defenders and score, while defenders use the Side to Side charge on them