



12 FOOTBALL / Wednesday Programme

-  Fun Game
-  Modified Game


VHI GAA Cúl Camps
12
Football

Wednesday **PM**

F UNDER 12 FOOTBALL
SESSION 3 PART 1

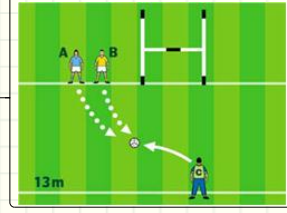
F 12: FEINT & SIDE STEP : Pg 123 FED




 Fun Game

Play the Game

Prisoner Ball
Players kick the ball to the opposition; if the ball touches the ground the nearest player joins the other team



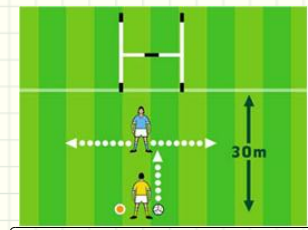
 Modified Game


Play the Game

One on One
Coach throws the ball for the attacker to High Catch and kick for a score, defender tries to block it.

F UNDER 12 FOOTBALL
SESSION 3 PART 2

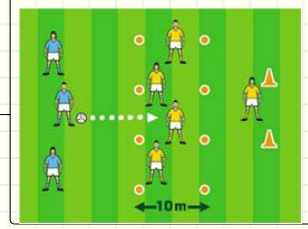
F 12: CHECKING : Pg 79 FED




 Fun Game

Play the Game

Check Mate
Attacker tries to progress to score while the defender attempts to Check and dispossess him



 Modified Game

Play the Game

Check Zone
Attackers attempt to pass the defenders who try to Check them and prevent them from scoring