

12 HURLING /CAMOGIE Monday Programme



Fun Game



Modified Game

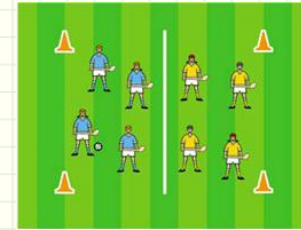
VHI GAA Cúl Camps
12
hurling/camogie

Monday AM

H/C

UNDER 12 HURLING/CAMOGIE SESSION 1 PART 1

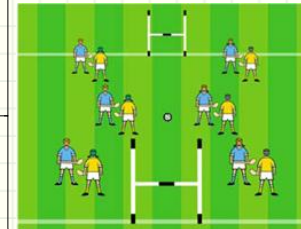
H/C 12: O/H BLOCK : Pg.99 HFD



Fun Game

Block Ball

Aim is to Block and catch the ball once struck into your section of the court.



Modified Game

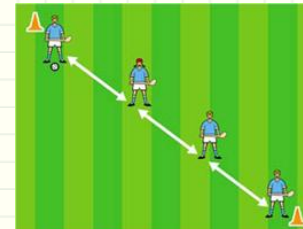
Skill Point Game

3pts for a goal, 2pts for blocking a Ball into the hand successfully

H/C

UNDER 12 HURLING/CAMOGIE SESSION 1 PART 2

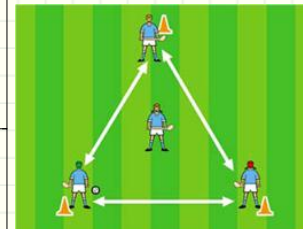
H/C 12: CONTROLLING A MOVING BALL : Pg.111 HFD



Fun Game

Control and Strike Relay

Players move the ball up and down the line



Modified Game

Piggy in the Middle

Player in the middle attempts to block the ball while outside players pass and control