

12 HURLING / CAMOGIE Wednesday Programme



Fun Game



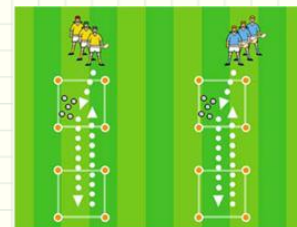
Modified Game

VHI GAA Cúl Camps
12
hurling/camogie

Wednesday **AM**

H/C UNDER 12 HURLING / CAMOGIE
SESSION 3 PART 1

H/C 12: SOLO RUN : Pg 105.HFD

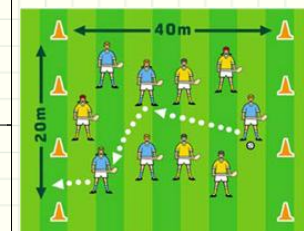


Fun Game

Play the Game

Grid Swap

Each player in turn Solos all the balls from one grid to the other. First team finished wins.



Modified Game

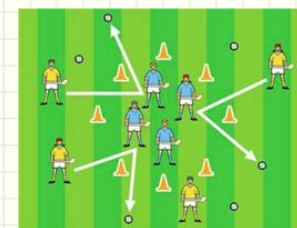
Play the Game

On the Run

Score by Soloing over the opposition's end line. Player's can only Solo or hand pass.

H/C UNDER 12 HURLING / CAMOGIE
SESSION 3 PART 2

H/C: 12: DOUBLING BACK : Pg 117.HFD

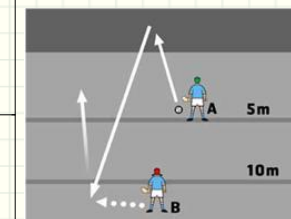


Fun Game

Play the Game

Clear the Circle

Players in the circle double on the ball to keep the circle clear



Modified Game

Play the Game

Wall Ball

1v1 or 2v2 players attempt to score on opponent by doubling on the ball in turn.