

8 FOOTBALL / Tuesday Programme

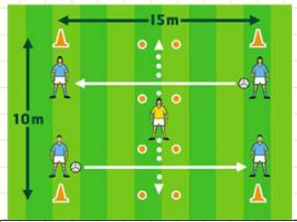
- Modified Game
- Fun Game

VHI GAA Cúl Camps
8
Football

Tuesday **AM**

UNDER 8 FOOTBALL
SESSION 2 PART 1

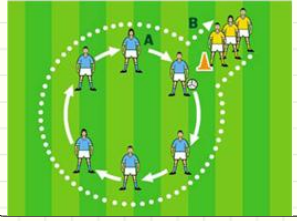
F: 8: LOW CATCH: Pg 17 FFD



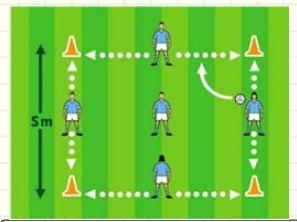
Fun Game
Play the Game
Pass the Guard
Outer players try to throw the ball low past the middle player, for opposite players to Low Catch

UNDER 8 FOOTBALL
SESSION 2 PART 1

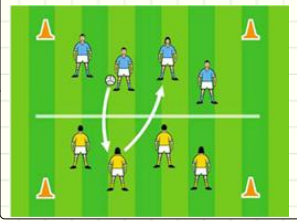
F: 8: BODY CATCH: Pg 11 FFD



Modified Game
Play the Game
Beat the Circle
Team A throws the ball around the circle while Team B runs around the circle in relay



Fun Game
Play the Game
Attackers Side Step the defender, bounce and kick for a score.
Piggy in the Middle
Middle player tries to intercept the ball while the outer players throw the ball to each other



Modified Game
Play the Game
Over the River
Throw the ball to make it difficult for the opposition to Body Catch,