

8 FOOTBALL / Wednesday Programme



Fun Game



Modified Game

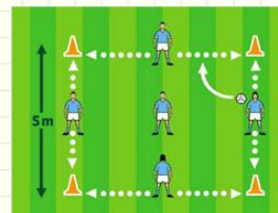
VHI GAA Cúl Camps
8
Football

Wednesday **PM**

UNDER 8 FOOTBALL
SESSION 3 PART 1

F

F: 8: BODY CATCH : Pg 11 FFD



Fun Game

Play the Game

Attackers Side Step the defender, bounce and kick for a score.

Piggy in the Middle

Middle player tries to intercept the ball while the outer players throw the ball to each other

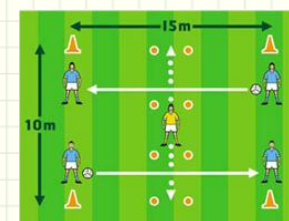


Modified Game

Play the Game

Over the River

Throw the ball to make it difficult for the opposition to Body Catch,



Fun Game

Play the Game

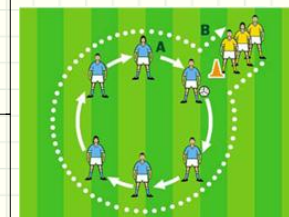
Pass the Guard

Outer players try to throw the ball low past the middle player, for opposite players to Low Catch

UNDER 8 FOOTBALL
SESSION 3 PART 1

F

F: 8: LOW CATCH : Pg 17 FFD



Modified Game

Play the Game

Beat the Circle

Team A throws the ball around the circle while Team B runs around the circle in relay