

8 HURLING / CAMOGIE Wednesday Programme



Fun Game



Modified Game

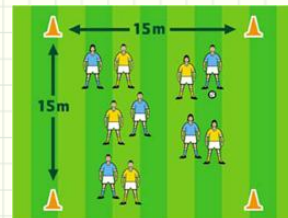
VHI GAA Cúl Camps
8
hurling/camogie

Wednesday **AM**

H/C

UNDER 8 HURLING/CAMOGIE SESSION 3 PART 1

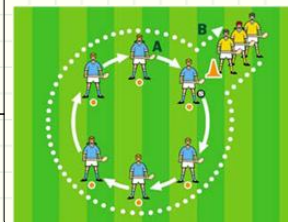
H/C 8: CHEST CATCH
: Pg 11 HFD



Play the Game

Keep Ball

No hurley; Players maintain possession by throwing the ball for a team mate to chest catch



Play the Game

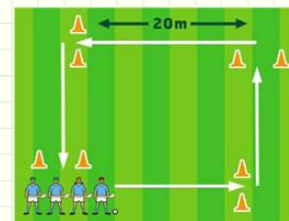
Beat the Circle

Team A throws the ball around the circle while Team B runs around the circle in relay

H/C

UNDER 8 HURLING/CAMOGIE SESSION 3 PART 2

H/C 8: STRIKING
ON THE GROUND :
Pg 35 HFD



Play the Game

Golf Goals

Players in relay attempt to strike the ball through each set of cones, counting the number of shots



Play the Game

Four Goal Game

Each team defends two goals but no goalkeepers are allowed.